

MEMO

To: Track & Field Coach
From: ACEA Office
Date: March 8, 2026
Re: ACAA State Track & Field Meet – Registration and Information

The 2026 ACAA State Track and Field meet will be held on Monday, April 27, 2026.
The opening assembly will begin at 8:15 a.m.

Choccolocco Park Sports Complex
Track and Field Facility
954 Leon Smith Parkway
Oxford, AL 36203
(See map on page 2)

For inclement weather (thunderstorms, etc.), we will contact those schools from which we have received registration materials. The rain date is Tuesday, April 28, 2026.

All forms are due to Pam Cason on or before Tuesday, April 1, 2026.
Invoices will be mailed to your school.

Email address: pamcasonaaa@gmail.com

School Registration Forms ♦ Contact Information ♦ Fee Form and Helper Sheet

- *School vans/buses will not have to pay parking fees. All other vehicles will have to pay \$5.00 parking fee.
- *Team tents must be set up in the designated area outside the facility fencing.
- *Be sure to bring the equipment you need.
- *Each school should provide 1 volunteer/helper for every 10 athletes participating in the meet. Please list names of volunteers on the registration form.

I really appreciate your willingness to help!

No school is too small – as few as one can participate!

COME AND BE PART OF A GREAT DAY!!!

Choccolocco Park Sports Complex

SPORTS:
 Baseball
 Softball
 Track & Field
 Soccer

ACTIVITIES:
 Kayaking
 Disc Golf
 Walk/Bike Trails
 Playgrounds
 Fitness Court

Multi-purpose Fields



CHOCOLOCCO PARK
 OXFORD, AL

Exit 188 off I-20
 We are located 1 mile from
 shopping, dining, and lodging.

954 Leon Smith Parkway
 Oxford, Alabama 36203
 (256) 342-0174
 5am-10pm • Monday-Sunday
choccoloccpark.com



SCAN ME!

Visitor Info • Restaurants • Hotels • Entertainment • Medical Facilities • Transportation

**2026 ACAA Track and Field Meet
Contact Information and Fee Form**

Please list contact information below in the event the Track and Field meet is canceled/rescheduled due to inclement weather. Include home phone number, cell phone number and email address.

Event Contact Person _____

Home Phone # _____ Cell Phone # _____

Email _____

Name of school: _____

~~~~~

**Participants:**

Junior High Girls \_\_\_\_\_ x \$15 per student \$ \_\_\_\_\_

Senior High Girls \_\_\_\_\_ x \$15 per student \$ \_\_\_\_\_

Junior High Boys \_\_\_\_\_ x \$15 per student \$ \_\_\_\_\_

Senior High Boys \_\_\_\_\_ x \$15 per student \$ \_\_\_\_\_

Total Student fees \$ \_\_\_\_\_

School Registration Fee \$50 **\$50.00**

**TOTAL DUE ACEA \$ \_\_\_\_\_**

**Invoices will be mailed to your school.**

# 2026 ACAA Track and Field Meet Sign-up Sheet

Please complete this form and email to Pam Cason at [pamcasonacaa@gmail.com](mailto:pamcasonacaa@gmail.com) on or before Tuesday, April 1, 2026

School Name \_\_\_\_\_ City \_\_\_\_\_

Boys' Track Coach \_\_\_\_\_

Email \_\_\_\_\_ Cell Phone \_\_\_\_\_

Girls' Track Coach \_\_\_\_\_

Email \_\_\_\_\_ Cell Phone \_\_\_\_\_

Athletic Director \_\_\_\_\_

Email \_\_\_\_\_ Cell Phone \_\_\_\_\_

## TRACK EVENT HELPERS

Place runners in assigned lanes

\_\_\_\_\_

Starter

\_\_\_\_\_

Track Assistant(s)

\_\_\_\_\_  
\_\_\_\_\_

## FIELD EVENT HELPERS

High Jump

\_\_\_\_\_

Long Jump

\_\_\_\_\_

Triple Jump

\_\_\_\_\_

Discus

\_\_\_\_\_

Shot Put

\_\_\_\_\_

I will bring...

Discus \_\_\_\_\_

Shot Put \_\_\_\_\_

Measuring Tapes \_\_\_\_\_

Rakes \_\_\_\_\_

Batons \_\_\_\_\_

Other \_\_\_\_\_

Assist in Awards

1) \_\_\_\_\_

2) \_\_\_\_\_

3) \_\_\_\_\_

## ACAA State Track and Field Meet

### I. ELIGIBILITY REQUIREMENTS

- Open to boys and girls in grades six through twelve who meet the age and grade level requirements set forth in the ACAA handbook and whose school is a current member in good standing of the ACEA.
- Each student must be determined by their school to be physically able to participate.
- Junior High – grades six through ninth
- Senior High – grades ninth through twelfth
- Ninth graders may choose to participate as either a junior high or senior high contestant, but not as both and are subject to the limitations of whichever category they choose.

### II. DRESS REQUIREMENTS

#### Male Athletes:

- Shorts should have an inseam no less than seven inches.
- Mid-thigh length spandex compression shorts must be worn. The spandex compression shorts should be black, white, gray or the predominant color of the shorts and should be a solid color. Shorts, (as noted above) must be worn over spandex compression shorts.
- T-shirts or track shirts may be worn.
- Spiked track shoes (1/4-inch pyramid spikes only – no Christmas tree spikes) may be worn; metal cleats are not permitted.
- No jewelry may be worn.
- Hair should be neatly cut, preferably not touching the collar, eyes, and ears. Mustaches and beards may be worn, but must be neatly trimmed, groomed, and not excessive in length.
- It is the responsibility of the coach and administration to make sure players are not “rolling” waistbands.

#### Female Athletes:

- Shorts should have an inseam no less than seven inches.
- Mid-thigh length spandex compression shorts must be worn. The spandex compression shorts should be black, white, gray or the predominant color of the shorts and should be a solid color. Shorts, (as noted above) must be worn over spandex compression shorts.
- T-shirts may be worn and should be long enough that when the arms are raised above the head the midriff does not show.
- Athletic bras are required.
- Spiked track shoes (1/4-inch pyramid spikes only – no Christmas tree spikes) may be worn; metal cleats are not permitted.
- No jewelry may be worn.

### III. MEET RULES

- Junior high students (6-9) may compete in only one long distance event and three middle or short distance events in track. There is no limit to field events. This does not include relay events.
- Senior high students (9-12) may enter an unlimited number of events in both track and field.

- Schools may enter three entries per individual track or field event with the exception of discus and shot put. Those events are limited to two entries per level.
- Keep your eyes and ears open for announcements regarding each event's heat and finals. Once runners are in place at the starting line, no late comer will be permitted on the line.
- Teams must bring their own blocks, poles, discus, shot put, and batons.
- The starter and judges will have final decision on disqualifications and place finishes.
- In the event of a tie for the Team Trophy, the tie will be broken based on:
  - 1) Most first places, or that failing.
  - 2) Most second places.

The team with the lesser first or second place finishes will be declared Runner-Up. Team points will be determined by all other places. Ties for the other places in the team awards will not be broken.

#### **IV. ENTRY FEE**

To cover awards and any rental costs - the amount will be published annually.

**V.** Each student should bring a sack lunch, snacks, and drinks for the day...and sunscreen.

#### **VI. AWARDS**

- Ribbons or medals will be given to the top three places.
- Ribbons or medals will be given to the top individual in each level (Top JH Girl, Top JH Boy, etc.)
- Trophies will be given to top teams in four divisions:
  - Junior High Girls
  - Junior High Boys
  - Senior High Girls
  - Senior High Boys

**2026 ACAA Track and Field Meet  
JUNIOR HIGH GIRLS' ROSTER  
Grades: 6th - 9th**

Name of School \_\_\_\_\_ City \_\_\_\_\_

Coach \_\_\_\_\_ Coach's Email \_\_\_\_\_

**NOTE: Ninth grade students must choose either junior high or senior high; they cannot compete on both levels.  
List age and grade for student participants and substitutes.**

**Junior High students may compete in only one long distance (3200-Meter Run and 1600-Meter Run), one medium distance ( 800-Meter Run and 400-Meter Dash), and two short distance (200-Meter Dash and 100-Meter Dash) races.  
This does not include relay events.**

| TRACK EVENTS      | STUDENT           | AGE   | GRADE | SUBSTITUTE |
|-------------------|-------------------|-------|-------|------------|
| 100-meter Dash    | #1 _____          | _____ | _____ | _____      |
|                   | #2 _____          | _____ | _____ | _____      |
|                   | #3 _____          | _____ | _____ | _____      |
| 200-meter Dash    | #1 _____          | _____ | _____ | _____      |
|                   | #2 _____          | _____ | _____ | _____      |
|                   | #3 _____          | _____ | _____ | _____      |
| 400-meter Dash    | #1 _____          | _____ | _____ | _____      |
|                   | #2 _____          | _____ | _____ | _____      |
|                   | #3 _____          | _____ | _____ | _____      |
| 800-meter Run     | #1 _____          | _____ | _____ | _____      |
|                   | #2 _____          | _____ | _____ | _____      |
|                   | #3 _____          | _____ | _____ | _____      |
| 1600-meter Run    | #1 _____          | _____ | _____ | _____      |
|                   | #2 _____          | _____ | _____ | _____      |
|                   | #3 _____          | _____ | _____ | _____      |
| 3200-meter Run    | #1 _____          | _____ | _____ | _____      |
|                   | #2 _____          | _____ | _____ | _____      |
|                   | #3 _____          | _____ | _____ | _____      |
| 4x100-meter Relay | #1 _____          | _____ | _____ | _____      |
|                   | TEAM ONE #2 _____ | _____ | _____ | _____      |
|                   | #3 _____          | _____ | _____ | _____      |
|                   | #4 _____          | _____ | _____ | _____      |
| 4x100-meter Relay | #1 _____          | _____ | _____ | _____      |
|                   | TEAM TWO #2 _____ | _____ | _____ | _____      |
|                   | #3 _____          | _____ | _____ | _____      |
|                   | #4 _____          | _____ | _____ | _____      |

**JUNIOR HIGH GIRLS**

Name of School \_\_\_\_\_ City \_\_\_\_\_

| TRACK EVENTS      | STUDENT  | AGE   | GRADE | SUBSTITUTE |
|-------------------|----------|-------|-------|------------|
| 4x200-meter Relay | #1 _____ | _____ | _____ | _____      |
| TEAM ONE          | #2 _____ | _____ | _____ | _____      |
|                   | #3 _____ | _____ | _____ | _____      |
|                   | #4 _____ | _____ | _____ | _____      |
| 4x200-meter Relay | #1 _____ | _____ | _____ | _____      |
| TEAM TWO          | #2 _____ | _____ | _____ | _____      |
|                   | #3 _____ | _____ | _____ | _____      |
|                   | #4 _____ | _____ | _____ | _____      |
| 4x400-meter Relay | #1 _____ | _____ | _____ | _____      |
| TEAM ONE          | #2 _____ | _____ | _____ | _____      |
|                   | #3 _____ | _____ | _____ | _____      |
|                   | #4 _____ | _____ | _____ | _____      |
| 4x400-meter Relay | #1 _____ | _____ | _____ | _____      |
| TEAM TWO          | #2 _____ | _____ | _____ | _____      |
|                   | #3 _____ | _____ | _____ | _____      |
|                   | #4 _____ | _____ | _____ | _____      |

| FIELD EVENTS | STUDENT  | AGE   | GRADE | SUBSTITUTE |
|--------------|----------|-------|-------|------------|
| HIGH JUMP    | #1 _____ | _____ | _____ | _____      |
|              | #2 _____ | _____ | _____ | _____      |
|              | #3 _____ | _____ | _____ | _____      |
| LONG JUMP    | #1 _____ | _____ | _____ | _____      |
|              | #2 _____ | _____ | _____ | _____      |
|              | #3 _____ | _____ | _____ | _____      |
| TRIPLE JUMP  | #1 _____ | _____ | _____ | _____      |
|              | #2 _____ | _____ | _____ | _____      |
|              | #3 _____ | _____ | _____ | _____      |
| DISCUS       | #1 _____ | _____ | _____ | _____      |
|              | #2 _____ | _____ | _____ | _____      |
| SHOT PUT     | #1 _____ | _____ | _____ | _____      |
|              | #2 _____ | _____ | _____ | _____      |

**TOTAL NUMBER OF JUNIOR HIGH GIRLS (Including substitutes) → \_\_\_\_\_**

**2026 ACAA Track and Field Meet  
SENIOR HIGH GIRLS' ROSTER  
Grades: 9th - 12th**

Name of School \_\_\_\_\_ City \_\_\_\_\_

Coach \_\_\_\_\_ Coach's Email \_\_\_\_\_

**NOTE: Ninth grade students must choose either junior high or senior high; they cannot compete on both levels.  
List age and grade for student participants and substitutes.**

| TRACK EVENTS      | STUDENT  | AGE   | GRADE | SUBSTITUTE |
|-------------------|----------|-------|-------|------------|
| 100-meter Dash    | #1 _____ | _____ | _____ | _____      |
|                   | #2 _____ | _____ | _____ | _____      |
|                   | #3 _____ | _____ | _____ | _____      |
| 200-meter Dash    | #1 _____ | _____ | _____ | _____      |
|                   | #2 _____ | _____ | _____ | _____      |
|                   | #3 _____ | _____ | _____ | _____      |
| 400-meter Dash    | #1 _____ | _____ | _____ | _____      |
|                   | #2 _____ | _____ | _____ | _____      |
|                   | #3 _____ | _____ | _____ | _____      |
| 800-meter Run     | #1 _____ | _____ | _____ | _____      |
|                   | #2 _____ | _____ | _____ | _____      |
|                   | #3 _____ | _____ | _____ | _____      |
| 1600-meter Run    | #1 _____ | _____ | _____ | _____      |
|                   | #2 _____ | _____ | _____ | _____      |
|                   | #3 _____ | _____ | _____ | _____      |
| 3200-meter Run    | #1 _____ | _____ | _____ | _____      |
|                   | #2 _____ | _____ | _____ | _____      |
|                   | #3 _____ | _____ | _____ | _____      |
| 4x100-meter Relay | #1 _____ | _____ | _____ | _____      |
| TEAM ONE          | #2 _____ | _____ | _____ | _____      |
|                   | #3 _____ | _____ | _____ | _____      |
|                   | #4 _____ | _____ | _____ | _____      |
| 4x100-meter Relay | #1 _____ | _____ | _____ | _____      |
| TEAM TWO          | #2 _____ | _____ | _____ | _____      |
|                   | #3 _____ | _____ | _____ | _____      |
|                   | #4 _____ | _____ | _____ | _____      |

**SENIOR HIGH GIRLS**

Name of School \_\_\_\_\_ City \_\_\_\_\_

| TRACK EVENTS                  | STUDENT  | AGE   | GRADE | SUBSTITUTE |
|-------------------------------|----------|-------|-------|------------|
| 4x200-meter Relay<br>TEAM ONE | #1 _____ | _____ | _____ | _____      |
|                               | #2 _____ | _____ | _____ | _____      |
|                               | #3 _____ | _____ | _____ | _____      |
|                               | #4 _____ | _____ | _____ | _____      |
| 4x200-meter Relay<br>TEAM TWO | #1 _____ | _____ | _____ | _____      |
|                               | #2 _____ | _____ | _____ | _____      |
|                               | #3 _____ | _____ | _____ | _____      |
|                               | #4 _____ | _____ | _____ | _____      |
| 4x400-meter Relay<br>TEAM ONE | #1 _____ | _____ | _____ | _____      |
|                               | #2 _____ | _____ | _____ | _____      |
|                               | #3 _____ | _____ | _____ | _____      |
|                               | #4 _____ | _____ | _____ | _____      |
| 4x400-meter Relay<br>TEAM TWO | #1 _____ | _____ | _____ | _____      |
|                               | #2 _____ | _____ | _____ | _____      |
|                               | #3 _____ | _____ | _____ | _____      |
|                               | #4 _____ | _____ | _____ | _____      |

| FIELD EVENTS | STUDENT  | AGE   | GRADE | SUBSTITUTE |
|--------------|----------|-------|-------|------------|
| HIGH JUMP    | #1 _____ | _____ | _____ | _____      |
|              | #2 _____ | _____ | _____ | _____      |
|              | #3 _____ | _____ | _____ | _____      |
| LONG JUMP    | #1 _____ | _____ | _____ | _____      |
|              | #2 _____ | _____ | _____ | _____      |
|              | #3 _____ | _____ | _____ | _____      |
| TRIPLE JUMP  | #1 _____ | _____ | _____ | _____      |
|              | #2 _____ | _____ | _____ | _____      |
|              | #3 _____ | _____ | _____ | _____      |
| DISCUS       | #1 _____ | _____ | _____ | _____      |
|              | #2 _____ | _____ | _____ | _____      |
| SHOT PUT     | #1 _____ | _____ | _____ | _____      |
|              | #2 _____ | _____ | _____ | _____      |

**TOTAL NUMBER OF SENIOR HIGH GIRLS (Including substitutes) → \_\_\_\_\_**

**2026 ACAA Track and Field Meet  
JUNIOR HIGH BOYS' ROSTER  
Grades: 6th - 9<sup>th</sup>**

Name of School \_\_\_\_\_ City \_\_\_\_\_

Coach \_\_\_\_\_ Coach's Email \_\_\_\_\_

**NOTE: Ninth grade students must choose either junior high or senior high; they cannot compete on both levels.  
List age and grade for student participants and substitutes.**

**Junior High students may compete in only one long distance (3200-Meter Run and 1600-Meter Run), one medium distance ( 800-Meter Run and 400-Meter Dash), and two short distance (200-Meter Dash and 100-Meter Dash) races.  
This does not include relay events.**

| TRACK EVENTS      | STUDENT  | AGE   | GRADE | SUBSTITUTE |
|-------------------|----------|-------|-------|------------|
| 100-meter Dash    | #1 _____ | _____ | _____ | _____      |
|                   | #2 _____ | _____ | _____ | _____      |
|                   | #3 _____ | _____ | _____ | _____      |
| 200-meter Dash    | #1 _____ | _____ | _____ | _____      |
|                   | #2 _____ | _____ | _____ | _____      |
|                   | #3 _____ | _____ | _____ | _____      |
| 400-meter Dash    | #1 _____ | _____ | _____ | _____      |
|                   | #2 _____ | _____ | _____ | _____      |
|                   | #3 _____ | _____ | _____ | _____      |
| 800-meter Run     | #1 _____ | _____ | _____ | _____      |
|                   | #2 _____ | _____ | _____ | _____      |
|                   | #3 _____ | _____ | _____ | _____      |
| 1600-meter Run    | #1 _____ | _____ | _____ | _____      |
|                   | #2 _____ | _____ | _____ | _____      |
|                   | #3 _____ | _____ | _____ | _____      |
| 3200-meter Run    | #1 _____ | _____ | _____ | _____      |
|                   | #2 _____ | _____ | _____ | _____      |
|                   | #3 _____ | _____ | _____ | _____      |
| 4x100-meter Relay | #1 _____ | _____ | _____ | _____      |
| TEAM ONE          | #2 _____ | _____ | _____ | _____      |
|                   | #3 _____ | _____ | _____ | _____      |
|                   | #4 _____ | _____ | _____ | _____      |
|                   | #1 _____ | _____ | _____ | _____      |
| TEAM TWO          | #2 _____ | _____ | _____ | _____      |
|                   | #3 _____ | _____ | _____ | _____      |
|                   | #4 _____ | _____ | _____ | _____      |
|                   | #1 _____ | _____ | _____ | _____      |

**JUNIOR HIGH BOYS**

Name of School \_\_\_\_\_ City \_\_\_\_\_

| TRACK EVENTS      | STUDENT  | AGE   | GRADE | SUBSTITUTE |
|-------------------|----------|-------|-------|------------|
| 4x200-meter Relay | #1 _____ | _____ | _____ | _____      |
| TEAM ONE          | #2 _____ | _____ | _____ | _____      |
|                   | #3 _____ | _____ | _____ | _____      |
|                   | #4 _____ | _____ | _____ | _____      |
| 4x200-meter Relay | #1 _____ | _____ | _____ | _____      |
| TEAM TWO          | #2 _____ | _____ | _____ | _____      |
|                   | #3 _____ | _____ | _____ | _____      |
|                   | #4 _____ | _____ | _____ | _____      |
| 4x400-meter Relay | #1 _____ | _____ | _____ | _____      |
| TEAM ONE          | #2 _____ | _____ | _____ | _____      |
|                   | #3 _____ | _____ | _____ | _____      |
|                   | #4 _____ | _____ | _____ | _____      |
| 4x400-meter Relay | #1 _____ | _____ | _____ | _____      |
| TEAM TWO          | #2 _____ | _____ | _____ | _____      |
|                   | #3 _____ | _____ | _____ | _____      |
|                   | #4 _____ | _____ | _____ | _____      |

| FIELD EVENTS | STUDENT  | AGE   | GRADE | SUBSTITUTE |
|--------------|----------|-------|-------|------------|
| HIGH JUMP    | #1 _____ | _____ | _____ | _____      |
|              | #2 _____ | _____ | _____ | _____      |
|              | #3 _____ | _____ | _____ | _____      |
| LONG JUMP    | #1 _____ | _____ | _____ | _____      |
|              | #2 _____ | _____ | _____ | _____      |
|              | #3 _____ | _____ | _____ | _____      |
| TRIPLE JUMP  | #1 _____ | _____ | _____ | _____      |
|              | #2 _____ | _____ | _____ | _____      |
|              | #3 _____ | _____ | _____ | _____      |
| DISCUS       | #1 _____ | _____ | _____ | _____      |
|              | #2 _____ | _____ | _____ | _____      |
| SHOT PUT     | #1 _____ | _____ | _____ | _____      |
|              | #2 _____ | _____ | _____ | _____      |

**TOTAL NUMBER OF JUNIOR HIGH BOYS (Including substitutes) → \_\_\_\_\_**

**2026 ACAA Track and Field Meet  
SENIOR HIGH BOYS' ROSTER  
Grades: 9th - 12th**

Name of School \_\_\_\_\_ City \_\_\_\_\_

Coach \_\_\_\_\_ Coach's Email \_\_\_\_\_

**NOTE: Ninth grade students must choose either junior high or senior high; they cannot compete on both levels.  
List age and grade for student participants and substitutes.**

| TRACK EVENTS      | STUDENT  | AGE   | GRADE | SUBSTITUTE |
|-------------------|----------|-------|-------|------------|
| 100-meter Dash    | #1 _____ | _____ | _____ | _____      |
|                   | #2 _____ | _____ | _____ | _____      |
|                   | #3 _____ | _____ | _____ | _____      |
| 200-meter Dash    | #1 _____ | _____ | _____ | _____      |
|                   | #2 _____ | _____ | _____ | _____      |
|                   | #3 _____ | _____ | _____ | _____      |
| 400-meter Dash    | #1 _____ | _____ | _____ | _____      |
|                   | #2 _____ | _____ | _____ | _____      |
|                   | #3 _____ | _____ | _____ | _____      |
| 800-meter Run     | #1 _____ | _____ | _____ | _____      |
|                   | #2 _____ | _____ | _____ | _____      |
|                   | #3 _____ | _____ | _____ | _____      |
| 1600-meter Run    | #1 _____ | _____ | _____ | _____      |
|                   | #2 _____ | _____ | _____ | _____      |
|                   | #3 _____ | _____ | _____ | _____      |
| 3200-meter Run    | #1 _____ | _____ | _____ | _____      |
|                   | #2 _____ | _____ | _____ | _____      |
|                   | #3 _____ | _____ | _____ | _____      |
| 4x100-meter Relay | #1 _____ | _____ | _____ | _____      |
| TEAM ONE          | #2 _____ | _____ | _____ | _____      |
|                   | #3 _____ | _____ | _____ | _____      |
|                   | #4 _____ | _____ | _____ | _____      |
|                   | #1 _____ | _____ | _____ | _____      |
| 4x100-meter Relay | #2 _____ | _____ | _____ | _____      |
| TEAM TWO          | #3 _____ | _____ | _____ | _____      |
|                   | #4 _____ | _____ | _____ | _____      |
|                   | #1 _____ | _____ | _____ | _____      |

**SENIOR HIGH BOYS**

Name of School \_\_\_\_\_ City \_\_\_\_\_

| TRACK EVENTS                  | STUDENT  | AGE   | GRADE | SUBSTITUTE |
|-------------------------------|----------|-------|-------|------------|
| 4x100-meter Relay<br>TEAM ONE | #1 _____ | _____ | _____ | _____      |
|                               | #2 _____ | _____ | _____ | _____      |
|                               | #3 _____ | _____ | _____ | _____      |
|                               | #4 _____ | _____ | _____ | _____      |
| 4x100-meter Relay<br>TEAM TWO | #1 _____ | _____ | _____ | _____      |
|                               | #2 _____ | _____ | _____ | _____      |
|                               | #3 _____ | _____ | _____ | _____      |
|                               | #4 _____ | _____ | _____ | _____      |
| 4x400-meter Relay<br>TEAM ONE | #1 _____ | _____ | _____ | _____      |
|                               | #2 _____ | _____ | _____ | _____      |
|                               | #3 _____ | _____ | _____ | _____      |
|                               | #4 _____ | _____ | _____ | _____      |
| 4x400-meter Relay<br>TEAM TWO | #1 _____ | _____ | _____ | _____      |
|                               | #2 _____ | _____ | _____ | _____      |
|                               | #3 _____ | _____ | _____ | _____      |
|                               | #4 _____ | _____ | _____ | _____      |

| FIELD EVENTS | STUDENT  | AGE   | GRADE | SUBSTITUTE |
|--------------|----------|-------|-------|------------|
| HIGH JUMP    | #1 _____ | _____ | _____ | _____      |
|              | #2 _____ | _____ | _____ | _____      |
|              | #3 _____ | _____ | _____ | _____      |
| LONG JUMP    | #1 _____ | _____ | _____ | _____      |
|              | #2 _____ | _____ | _____ | _____      |
|              | #3 _____ | _____ | _____ | _____      |
| TRIPLE JUMP  | #1 _____ | _____ | _____ | _____      |
|              | #2 _____ | _____ | _____ | _____      |
|              | #3 _____ | _____ | _____ | _____      |
| DISCUS       | #1 _____ | _____ | _____ | _____      |
|              | #2 _____ | _____ | _____ | _____      |
| SHOT PUT     | #1 _____ | _____ | _____ | _____      |
|              | #2 _____ | _____ | _____ | _____      |

**TOTAL NUMBER OF SENIOR HIGH BOYS (Including substitutes) → \_\_\_\_\_**

# 2026 ACAA State Track and Field Meet

## Order of Events

Choccolocco Park Sports Complex ♦ Track and Field Facility  
954 Leon Smith Parkway ♦ Oxford, AL 36203

7:45 a.m. Team Check-In/Judges Meeting

8:15 a.m. Opening Prayer and National Anthem

8:30 a.m. – 2:30 p.m. Field Events

|                    |                     |                       |                        |                       |
|--------------------|---------------------|-----------------------|------------------------|-----------------------|
| <b>High Jump</b>   | 8:30-9:45 – V Boys  | 9:45-11:00 – V Girls  | 11:00-12:15 – JH Boys  | 12:45-2:15 – JH Girls |
| <b>Long Jump</b>   | 8:30-9:45-JH Girls  | 9:45-11:00 – V Boys   | 11:00-12:15 – V Girls  | 12:45-2:15-JH Boys    |
| <b>Triple Jump</b> | 8:30-9:45 – JH Boys | 9:45-11:00 – V Girls  | 11:00-12:15-JH Girls   | 12:45-2:15-V Boys     |
| <b>Discus</b>      | 8:30-9:45 – JH Boys | 9:45-11:00 – JH Girls | 11:00-12:15 – V Boys   | 12:45-2:15 – V Girls  |
| <b>Shot Put</b>    | 8:30-9:45 – V Girls | 9:45-11:00 – JH Boys  | 11:00-12:15 – JH Girls | 12:45-2:15 – V Boys   |

### ALL FIELD EVENTS SHOULD BE COMPLETED BY 2:30

*\*If your field event and track event times overlap, notify the field event judge.*

*Go run the track event and return to the field event.*

---

**Note:** All track events are always in the following order: Junior High Girls first, Junior High Boys second, Senior High Girls third, and Senior High Boys fourth, unless otherwise noted.

---

|                  |                                   |
|------------------|-----------------------------------|
| 9:00 a.m.        | 3200-meter Run                    |
| 10:00 a.m.       | 100-meter Dash Preliminaries      |
| 10:45 a.m.       | 1600-meter Run                    |
| 11:30 a.m.       | 4x100-meter Relay                 |
| 12:00 p.m.       | 800-meter Run                     |
| 12:30 -1:15 p.m. | <b>LUNCH BREAK FOR VOLUNTEERS</b> |
| 12:45 p.m.       | 4x200-meter Relay                 |
| 1:20 p.m.        | 100-meter Dash Finals             |
| 1:50 p.m.        | 400-meter Dash                    |
| 2:30 p.m.        | 200-meter Dash                    |
| 3:10 p.m.        | 4x400-meter Relay                 |
| 4:00-4:30 p.m.   | Awards Ceremony/Dismiss           |