

# ACAA CROSS COUNTRY CHAMPIONSHIPS

State Meet Race Packet

# **2023 ACAA Cross Country Championships**

Date:	Monday, October 23, 2023
Host:	Providence Classical School Huntsville, AL
Race Location:	John Hunt Cross Country Park 2151 Airport Road Huntsville, AL 35801
Cost:	<b>10 or less runners from each school:</b> \$20/runner ( <i>no additional team fee</i> )
	<b>11 or more runners from each school:</b> \$200/team ( <i>no additional runner fee</i> )

Make Checks Payable to:

**Providence Classical School** 

## **Order of Events:**

8:30AM	Early Check-in/Course Walkthrough	Mail To:
9:15AM 9:30AM	Coaches Meeting @ Finish Line Senior High Boys (5K)	Providence Classical School Attention: Cross Country State Meet 605 Clinton Ave. East Huntsville, AL 35801
9.JUAIVI	Senior righ boys (SR)	
10:00AM	Senior High Girls (5K)	All Registration must be done online via Milesplit - https://al.milesplit.com All payments must be mailed.
10:30AM	Junior High Girls (2 Mile)	
11:00AM	Junior High Boys (2 Mile)	Contact Lynzey Smith with any questions: xcmgr@providenceclassical.org / 256.520.3401 <b>Deadline for team entries:</b>
		<u>Deddime for team entries.</u>
11:45AM	Awards Ceremony	Friday, October 13, 2023

## **Directions and Maps**

#### **Directions to John Hunt Park:**

From I-565, go south (right) on Memorial Parkway (US 231) to Airport Road exit. Go west (right) on Airport Road about ½ mile and turn left into John Hunt Park, take the first left toward the sand volleyball complex. Parking is on the right through the metal gates.

#### 5K Course Map:

Maps and race results can be found on al.milesplit.com site. https://al.milesplit.com/meets/369351-acaa-state-cross-country-meet/info

#### Parking:

Parking is located across from the sand volleyball courts. Vehicles are NOT allowed on the course.

#### Team Tents in Designated Area:

Team tents may be set up on the grass near the finish line or near the parking lot. Please bring a trash bag to collect your trash under and around your tent upon departure. Spectators will want to bring chairs. Spectators can enjoy views of the start, finish, mile 1, and mile 2 from the same location near the finish line.

#### Restrooms:

Restrooms are available on site.

#### **Running Attire:**

Runners should arrive in running uniforms. Team members should wear matching uniform shirts/singlets/or t-shirts when running. There is not an area for dressing. Shorts inseams according to current ACAA standards. Running shoes or running spikes are appropriate for this course.

## Food Options:

#### Food on Race Day:

1. Host team will offer cups of water for runners at the finish line. Teams may fill coolers at the finish line from the potable in-ground faucet.

- 2. Runners should bring their own water, Gatorade, etc.
- 3. Grocery stores and restaurants are within 1-2 miles driving distance.
- 4. Chick-Fil-A at Parkway Place Mall is nearby. (256)533-9206.

5. Local Coffee Shops within 1 mile- Angel's Island Coffee, Starbucks, Rooster's Crow Coffee Roastery

#### Recommended dining for Sunday evening or after the race:

Nothing but Noodles, Jason's Deli, Zoe's Kitchen, McDonald's, Little Rosies (fast food Mexican), Chick-Fil-A (Parkway Place Mall), Bad Daddy's Burger Bar, Chuey's

## Local Lodging:

Embassy Suites By Hilton Huntsville Hotel & Spa 256.539.7373

TownePlace Suites Marriott Huntsville 256.971.5277

Four Points By Sheraton 256.772.9661

Holiday Inn Express & Suites 256.258.3000

Holiday Inn Research Park 256.837.7171

Hyatt Place Huntsville Research Park 256.666.9660

Best Western Huntsville 256.830.8999

TownePlace Suites Redstone Gateway 256.895.3300

DoubleTree Suites Huntsville South 256.882.9400

Spring Hill Suites Huntsville Downtown 256.512.0188

Hampton Inn Arsenal Huntsville South 256.882.2228

## First Aid:

A defibrillator and basic first aid kit will be located at the finish line. However, coaches are responsible for their own runners' safety.

## **Frequently Asked Questions:**

#### How many runners are on a team?

For the ACAA Championship, a team may have as many runners as you like, but only the top four finishers will count for the team/division point total. Each division race will have 3 individual winners (1st, 2nd, 3rd) and 3 team winners (1st,2nd,3rd).

#### How are winners determined?

Individual winners will be determined by timing. Team winners will be determined by order of finish of team members. The lowest team score wins. All questions regarding scoring should be directed to the race director or rules coordinator. See contact information above for cell numbers.

#### Who is eligible?

- Member and associate schools in the Alabama Christian Athletic Association.
- 6th graders-eligible for Jr. High division only.
- 7th-9th graders-eligible for Jr. High or Sr. High but may not compete in both.
- 10th-12th graders -eligible for Varsity division only.
- Runners may only register for one race.
- Jr. High Eligibility-those who turn 16 on or after August 1 of the current year.
- Varsity Eligibility-those who turn 19 on or after August 1 of the current year.
- 4 runners scored for team awards. Any runner may compete for individual awards.

# **Race Day Contacts:**

**Race Director** 

Daralyn Elkins

Asst. Race Director

First Aid

**PCS** Athletic Director

Lynzey Smith

Sally Batchelor

David Elkins

256-797-3166

256-520-3401

256-303-6750

256-603-5434



## ACAA CROSS COUNTRY CHAMPIONSHIPS Team Liability & Payment Form

School (full name)
Coach Name:
Coach's Email
Coach's Personal Cell (REQUIRED):

I (coach) \_\_\_\_\_\_agree to abide by the policies of competition set forth by the ACAA athletic manual. I also acknowledge that injury can occur with athletic events and agree that Providence Classical School (including staff and coaches) as well as the site of the event are not liable for injury for any runners.

Coach's Signature /Date:	
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(10 or Less # of Runners) \_\_\_\_\_x \$20 each = \_\_\_\_TOTAL AMOUNT

11 or more Runners = <u>\$200.00</u> TOTAL AMOUNT

Cost: 10 or less Runners: \$20/Runner -or- 11+ Runners: \$200 due by October 14, 2023

**Mail check & this form to:** Providence Classical School, ATTN: XC State Meet, 605 E Clinton Ave., Huntsville AL 35801

Checks payable to: "Providence Classical School"